



CALL FOR TENDERS

51st International Förde Cup 2026

19–20 September 2026

Host and organiser:	Flensburg Swimming Club of 1930 e.V.
Venue:	CAMPUSBAD Flensburg , Thomas-Fincke-Str. 19, 24943 Flensburg
Competition facilities:	8 lanes, 25 m, wave-breaking lines, electronic timing, water temperature approx. 26 degrees Celsius, pool depth 4.00 m (start) to 1.80 m

COMPETITION SCHEDULE

1st session: Saturday, 19 September 2026				4th session: Sunday, 20 September 2026			
Admission: Judges' meeting: Warm-up until:		08:45		Admission: Judges' meeting: Warm-up until:		08:15	
Start:		09:00		Start:		08:30	
		09:35				09:05	
		09:45				09:15	
Heat 01	200 m freestyle	w	2018 and older	Heat 20	400 m freestyle	w	2017 and older
Age Group 02	200 m freestyle	m	2018 and older	Age Group 21	400 m freestyle	m	2017 and older
Heat 03	50 m breaststroke	w	2018 and older	Heat 22	100 m breaststroke	w	2018 and older
Age Group 04	50 m breaststroke	m	2018 and older	Heat 23	100 m breaststroke	m	2018 and older
Age Group 05	100 m backstroke	w	2018 and older	Heat 24	50 m butterfly	w	2018 and older
WK 06	100 m backstroke	m	2018 and older	Heat 25	50 m butterfly	m	2018 and older
Age group 07	100 m medley	w	2018 and older	Age group 26	200 m medley	w	2017 and older
Age group 08	100 m medley	m	2018 and older	Age Group 27	200 m medley	m	2017 and older
Age Group 09	4 x 25 m freestyle	x	2016–2018				
2nd round: Saturday, 19 September 2026				4th stage: Sunday, 20 September 2026			
Start: approx. 30 minutes after Section 1 (Lunch break and additional warm-up)				Start: approx. 30 minutes after Section 4 (Lunch break and additional warm-up)			
Heat 10	4 x 100 m freestyle	x	2012 and older	Age group 28	4 x 100m medley	x	2012 and older
Age Group 11	4 x 50m freestyle	x	2013–2015	Heat 29	4 x 50 m medley	x	2013–2015
Week 12	100 m butterfly	w	2017 and older	Age Group 30	200 m butterfly	w	2016 and older
Heat 13	100 m butterfly	m	2017 and older	WK 31	200 m butterfly	m	2016 and older
Heat 14	200 m breaststroke	w	2017 and older	Heat 32	50 m backstroke	w	2018 and older
Heat 15	200 m breaststroke	m	2017 and older	Heat 33	50 m backstroke	m	2018 and older
Age Group 16	50 m freestyle	w	2018 and older	Age Group 34	100 m freestyle	w	2018 and older
Age Group 17	50 m freestyle	m	2018 and older	Age Group 35	100 m freestyle	m	2018 and earlier
Week 18	200 m backstroke	w	2018 and older	Heat 36	400 m medley	w	2016 and older
Age Group 19	200 m backstroke	m	2018 and older	Heat 37	400 m medley	m	2016 and older
Section 3: FINALS – Saturday, 19 September 2026				Session 6: FINALS – Sunday, 20 September 2026			
Start: approx. 15 minutes after Section 2				Start: approx. 15 minutes after Section 4			
Event 103	50 m breaststroke	w	2013 and younger	Heat 122	100 m breaststroke	w	Open
Event 104	50 m breaststroke	m	2013 and younger	Age Group 123	100 m breaststroke	m	Open
WK 105	100 m backstroke	w	open	Event 124	50 m butterfly	w	2013 and younger
Event 106	100 m backstroke	m	open	Event 125	50 m butterfly	m	2013 and younger
Event 107	100 m medley	w	2013 and younger	WK 126	200 m medley	w	Open
Event 108	100 m medley	m	2013 and younger	Age Group 127	200 m medley	m	Open
Heat 113	100 m butterfly	w	open	Event 132	50 m backstroke	w	2013 and later
WK 114	100 m butterfly	m	open	Event 133	50 m backstroke	m	2013 and younger
WK 115	50 m freestyle	w	2013 and younger	Age Group 134	100 m freestyle	w	Open
WK 116	50m freestyle	m	2013 and younger	Age Group 135	100 m freestyle	m	Open

Age groups 2026			
Born in 2008 and earlier (aged 18 and over)	Born in 2011/2012 (aged 14–15)	Born in 2015 (aged 11)	Born in 2017 (9 years old)
Born in 2009/2010 (aged 16–17)	Born in 2013/2014 (aged 12–13)	Born in 2016 (aged 10)	Born in 2018 (aged 8)

Registration deadline: Friday, 4 September 2026



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AWARDS AND PRIZES

Individual classification

Medals & certificates:

In the **50-metre events** and the **100-metre medley**, the top three finishers from the **2018 to 2015** age groups will receive **medals** in the heats. Swimmers from the **2013** age group **and younger** will be honoured **across all age groups** in the finals.

In the **100-metre events**, the top three finishers from the **2013–2014, 2011–2012 and 2009–2010** age groups will receive **medals** in the heats. Swimmers born in **2008 and earlier** will be awarded **medals across all age groups** for the **100-metre events** and the **200-metre medley** in the final rounds.

After the event, all participants will be able to download a **certificate** detailing their **personal results** from www.flensburger-schwimmklub.de.

In addition, **prize races** will take place at our **51st edition** of the competition, with participants selected in advance by **draw**.

Best Young Athlete (born in 2013 or later, male):

The athlete with the **highest points total** according to the **WORLD AQUATICS points table** will receive a **trophy and a €50 MediaMarkt voucher at the closing ceremony**.

Best Young Female Athlete (born in 2013 or later):

The athlete with the highest score according to the **WORLD AQUATICS points table** will receive a **trophy and a €50 MediaMarkt voucher at the closing ceremony**.

Record bonuses:

Swimmers who set a **new meet record** in the **individual events** will receive a **prize of €50**. The prizes will only be awarded **after all the FINALS have taken place**.

The record bonus will be awarded exclusively to the swimmer who has achieved the **fastest record time** at the end of the event.

FINALS:

Immediately following the **final**, the top three finishers will receive **cash or non-cash prizes**.

EVENT RECORDS						
Women			Distance	Men		
2018	Lisa S. Selle SG Storman Barsbüttel	00:26.17	50 m freestyle	00:22.74	Ramon Klenz, Hamburger SC	2018
2023	Anne Thastrup-Hansen Haderslev SK	00:55.91	100 m freestyle	00:50.36	Ramon Klenz Hamburger SC	2018
2023	Anne Thastrup-Hansen Haderslev SK	1:59.32	200 m freestyle	01:49.09	Ramon Klenz Hamburg SC	2018
2017	Lea Boy ST Elmshorn	04:14.88	400 m freestyle	03:55.48	Ramon Klenz Hamburg SC	2018
2017	Lea Boy ST Elmshorn	08:41.69	800 m freestyle	08:06.44	Thore Bermel ST Elmshorn	2016
2017	Lea Boy ST Elmshorn	16:23.32	1,500 m freestyle	15:25.64	Thore Bermel ST Elmshorn	2016
2018	Nele Schulze TSB Flensburg	00:33.36	50 m breaststroke	00:28.61	Bastian Kampmann SGS Hamburg	2010
2019	Nele Schulze TSB Flensburg	1:11.72	100 m breaststroke	01:02.99	Bastian Kampmann SGS Hamburg	2010
2019	Nele Schulze TSB Flensburg	02:36.50	200 m breaststroke	02:18.82	Thore Bermel ST Elmshorn	2016
2016	Claudia Owczarz SC Delphine Lübeck	00:28.94	50 m backstroke	00:25.34	Kirill Lammert SC Delphine Lübeck	2022
2012	Claudia Owczarz SC Delphine Lübeck	1:03.30	100 m backstroke	00:55.34	Ramon Klenz Hamburg SC	2018
2017	Yara S. Hierath SGS Bremerhaven	02:17.51	200 m backstroke	02:00.51	Ramon Klenz, Hamburger SC	2018
2018	Laura F. Selle SG Storman Barsbüttel	00:27.30	50 m butterfly	00:24.10	Kirill Lammert SC Delphine Lübeck	2023
2016	Thea Brandauer ST Elmshorn	1:01.89	100 m butterfly	00:54.34	Kirill Lammert SC Delphine Lübeck	2023
2016	Thea Brandauer ST Elmshorn	02:18.57	200 m butterfly	02:02.93	Ramon Klenz Hamburg SC	2018
2017	Yara S. Hierath SGS Bremerhaven	01:03.84	100 m medley	00:56.09	Ramon Klenz Hamburger SC	2018
2017	Yara S. Hierath SGS Bremerhaven	02:14.43	200 m medley	02:01.57	Ramon Klenz Hamburg SC	2018
2017	Yara S. Hierath SGS Bremerhaven	04:46.66	400 m medley	04:19.35	Ramon Klenz Hamburg SC	2018



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Team and relay classifications

The “Förde Cup of the Flensburg Swimming Club of 1930 e.V.” goes to the winner of the team competition. This year, **the prize is worth €500.**

The winner is responsible for **having the Förde Cup engraved** and must bring it to **next year’s event**. If **they do not take part the following year**, the Förde Cup must be returned to the **Flensburg Swimming Club** in good time.

Points system for the “Förde Cup”:

For each competition and age group, only the **highest-placed athlete from a club** is included in the ranking. Points are awarded to the **top 7 swimmers** (i.e. the club), **if applicable**, according to their position in this ranking.

- **Points system for individual events: 10-8-6-4-3-2-1**
- **Scoring system for relay competitions (double points): 20-16-12-8-6-4-2**

The **FINALS** do **not count** towards the **points tally**. **Trophies and prizes:**

The **MIX relays** in the **2012 and older age group**, as well as those in the **2013–2015 age groups**, will be awarded **trophies and prizes**.

The following events count : the **addition of the times of the freestyle (age group 10, age group 11) and medley relays (age group 28, age group 29)**. Only **clubs that take part in and complete both relays in the respective age groups** will be included in the rankings. **Disqualified relays** will not be taken into account. **The winner** is the team with the **best overall time**.

In the **Kids’ category for WK 09 (born 2016–2018)**, there are **prizes** for the winning relay team.

Prizes & trophies

2012 and older:	Born between 2013 and 2015:	Born 2016–2018 (Kids’ category):
1st place: TROPHY & €100	1st place: Trophy & €80	1st place: Medals and prizes
2nd place: €60	2nd place: €40	2nd place: Medals
3rd place: €40	3rd place: €20	3rd place: Medals

Award ceremonies

The **prize-giving ceremonies** take place **during the competitions** and form **part of the events**. **Swimmers who do not attend the prize-giving ceremony forfeit their right to their award.**

At the **closing ceremony on Sunday**, **cash and non-cash prizes**, as well as the **competition trophies**, will be awarded.

GENERAL TERMS AND CONDITIONS

1. Legal provisions

The **Competition Rules (WB)**, the **Legal Regulations (RO)**, the **Competition Fees Regulations (WGO)** and the **Anti-Doping Regulations (ADO)** of the German Swimming Federation (DSV) shall apply in their currently valid versions.

For **athletes with disabilities who hold appropriate classification certificates**, the **rules of the IPC** shall apply in addition to the **competition regulations of the German Disabled Sports Association (DBS)**. **Official documentation of medication** in accordance with **anti-doping regulations** must be kept on hand. A **valid medical certificate, including any exemption**, must be presented.

All active members of **clubs, sections and joint teams** affiliated to the DSV or **WORLD AQUATICS** are **eligible to participate**. The event has been notified to the **SHSV and the DSV**.

2. Licences and sports health

By **submitting the entry form**, the **clubs and swimming teams** confirm that the swimmers they have entered:

- are **eligible to compete for the club / team**,
- the **prescribed annual licence in accordance with Section 19 WB (AT)** has been paid for German swimmers,
- have provided proof of their **fitness to participate in sport by means of a medical certificate** that is no more than **one year old** (Section 11(2) WB – General Part).

Flensburger Schwimmklub von 1930 e.V. accepts **no liability** should it transpire that the **participant** does not possess a **valid medical certificate or annual licence**.



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3. Restrictions on the competition programme

Swimmers aged eight to ten (born in 2016 or later) may **not** compete in more than six heats per day (including relay and final appearances).

The organiser reserves the right, in the event of an excessive number of entries, to make cancellations in all competitions and, in the competitions 20 and 21, to order double allocation of the lanes in accordance with § 121 para. 4 WB-FT SW. In the event of a low number of entries, competitions and/or heats may be combined.

4. Swimwear

The WORLD AQUATICS regulations and the corresponding DSV guidelines on swimwear apply. Visual checks of swimwear will be carried out before the start.

5. Start procedure and timekeeping

The one-start rule applies to all competitions. Timing is carried out electronically.

6. Referees

A smooth running of the competition is only possible with the support of all clubs. Please register sufficient referees, so that we can hold the event as planned. Should the number of registered referees be insufficient, starts for individual clubs may be cancelled if necessary.

Each participating club must provide referees who hold a valid referee's licence for their respective role. The final number of referees to be provided will be announced in the registration results. The names of the referees must be submitted by email to meldungen@flensburger-schwimm-klub.de by 12:00 on 16 September 2026.

Referees in training are also requested to register with the organiser by 12:00 on 16 September 2026. The decision on admission will be made by the event referee(s) in the order in which registrations are received.

The organiser prefers that referee positions are not split between the sessions on any given day. Referees must wear at least a white top.

An administration fee will be charged:

- For referees who leave their posts prematurely without authorisation, and for referees who fail to attend for each session: €40.00
- For referees who do not appear in the prescribed referee's attire: €20.00

7. Entries and data protection

By submitting the entries, the club / the joint entry group accepts the competition notice and declares that it has received a data protection declaration from every person participating in the event (athletes, coaches, referees and helpers) – in the case of minors, from their legal guardians.

Accordingly, the organiser and event promoter is permitted to:

1. collect, store, process and publish competition-related personal data of the aforementioned group of persons in entry lists, competition records and rankings – including in the context of reporting on the event. This data may be forwarded to the SHSV and the DSV. The registration results, the report and the rankings will be published on the internet (e.g. on the websites of the organiser, the SHSV and the DSV).
2. To publish competition-related personal data, as well as photographs, video recordings or photomechanical reproductions of the participants, and to forward these to the organiser, SHSV, DSV and third parties (media, social networks, sponsors).
3. To broadcast the entire competition event on the internet, via live stream if applicable.

Data collected includes: surname, first name, gender, year of birth, performance achieved (placement, time achieved and points scored), any disqualifications with reasons and, where applicable, ENM, club affiliation and, for judges, the position held.

Entries must be submitted using the DSV entry form (DSV Form 101) and the DSV entry list (DSV Form 102), providing the following details:

- Competitor's ID number
- Year of birth & age group
- Club ID & ID of the regional swimming association



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When entering relay teams, it is essential to specify the competition categories and the names of the relay swimmers.

- The names of the relay swimmers may still be changed on the day of the competition, but the competition categories cannot. Entries must be submitted by email in a file format compliant with the DSV or LENEX standard.

The organiser shall confirm receipt of the entries by email by sending the completed club entry list, no later than 24 hours after the closing date for entries. The club submitting the entries is solely responsible for the timely and correct submission of the entries, as well as for providing proof of their receipt. Failure to receive confirmation does not relieve the registering club of its obligation to ensure that its registration is received in good time.

SPECIAL CONDITIONS

1. Entry fee

The entry fee is:

- €6.00 for 50-metre races
- €7.00 for 100-m and 200-m races
- €8.50 for 400-metre races
- €11.00 for relays in the '2026 Cup' competition
- Free of charge for relays in the Kids' category (born 2016–2018)

2. Registration address and deadline

Registration address: meldungen@flensburger-schwimmklub.de Registration
deadline: Friday, 4 September 2026

The entry fee must be transferred to the following account by Wednesday 16 September 2026 at the latest, stating the club name:

Reference: "51Foerdepokal2026 – Club name"

Bank details:

- Bank: VR Bank Nord eG
- IBAN: DE74 2176 3542 0004 4333 60
- BIC: GENODEF1RSL
- Account holder: Flensburg Swimming Club

Once you have received the registration confirmation, please check it. Any corrections must be sent to meldungen@flensburger-schwimmklub.de by 6.00 pm on Wednesday 9 September 2026. Corrections received after this time will not be accepted.

Entry fees will not be refunded if entries are withdrawn after the closing date.

3. Entry results and results sheet

The entry results and the minutes will be generated using the "Easy-WK" programme and published on the Flensburg Swimming Club's website www.flensburger-schwimmklub.de, and will also be sent to the participating clubs by email.

4. Disclaimer

The Flensburg Swimming Club of 1930 e.V. accepts no liability for lost items or valuables, damage or accidents of any kind.

5. Catering

The Flensburg Swimming Club, in collaboration with the Campusbad bistro, is offering a special lunch menu for athletes.

In addition, there is a refreshment stand in the reception area next to the athletes' entrance, offering coffee, cake and other treats for officials and participants.

The Campusbad bistro also offers a selection of other food and drinks.



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6. Other

Access to the hall:

- For participants, coaches, trainers and referees only, via the athletes' entrance to the Campusbade.
- Spectators are requested to use the gallery (access via the main entrance).
- Glass bottles are not permitted.

Parking:

The sand car park in front of the Campusbad is the only car park available to participants.

By registering, the registering club / team accepts the terms of this notice as legally binding.

We wish all participating clubs a safe journey and a successful competition!

Danny Nainzadeh
1st Chairman of the FSK