



CALL for ENTRIES

44th Internationale Förde - Masters 2026

Saturday, February 21, 2026

Organizers and promoters:	Flensburg Swimming Club of 1930 eV
Competition venue:	CAMPUSBAD Flensburg , Thomas-Fincke-Str. 19, 24943 Flensburg
Competition venue:	8 lanes, 25 m, wave-breaking lane lines, electronic timing, water temperature approx. 26 degrees Celsius, pool depth 4.00 m (start) to 1.80 m

COMPETITION SEQUENCE

Section 1: Saturday, February 21, 2026			
Entry and swimming in:		8:45 a.m.	
Referee meeting:		9:00 a.m.	
Swim in until:		9:20 a.m.	
Start:		9:30 a.m.	
WK 01	200m freestyle	w	Age group 20 and older
WK 02	200m freestyle	m	Age group 20 and older
WK 03	50m breaststroke	w	Age group 20 and older
WK 04	50m breaststroke	m	Age group 20 and older
WK 05	400m Individual Medley	w	Age group 20 and older
WK 06	400m Individual Medley	m	Age group 20 and older
WK 07	4x50m freestyle	w	Age groups B-H
WK 08	4x50m freestyle	m	Age groups B-H
WK 09	100m backstroke	w	Age group 20 and older
WK 10	100m backstroke	m	Age group 20 and older
WK 11	100m butterfly	w	Age group 20 and older
WK 12	100m butterfly	m	Age group 20 and older
WK 13	200m breaststroke	w	Age group 20 and older
WK 14	200m breaststroke	m	Age group 20 and older
WK 15	50m freestyle	w	Age group 20 and older
WK 16	50m freestyle	m	Age group 20 and older
WK 17	200m Individual Medley	w	Age group 20 and older
WK 18	200m Individual Medley	m	Age group 20 and older

Section 2: Saturday, February 21, 2026			
Inlet:		throughout	
Referee meeting:		omitted	
Start:		30 minutes after the end of the Section 1	
WK 19	200m butterfly	w	Age group 20 and older
WK 20	200m butterfly	m	Age group 20 and older
WK 21	50m backstroke	w	Age group 20 and older
WK 22	50m backstroke	m	Age group 20 and older
WK 23	100m Individual Medley	w	Age group 20 and older
WK 24	100m Individual Medley	m	Age group 20 and older
WK 25	400m freestyle	w	Age group 20 and older
WK 26	400m freestyle	m	Age group 20 and older
WK 27	4x50 m layers	mix	Age group B-H
WK 28	100m breaststroke	w	Age group 20 and older
WK 29	100m breaststroke	m	Age group 20 and older
WK 30	50m butterfly	w	Age group 20 and older
WK 31	50m butterfly	m	Age group 20 and older
WK 32	200m backstroke	w	Age group 20 and older
WK 33	200m backstroke	m	Age group 20 and older
WK 34	100m freestyle	w	Age group 20 and older
WK 35	100m freestyle	m	Age group 20 and older

14th edition of the Flensburg "Plog- Staffel"

14th edition of the Flensburg "Plop- Staffel"

The age group classification is carried out in accordance with § 152 of the competition regulations for swimming – Masters (FT SW MS).			
International age group classifications apply to the relay races. Swimmers in the 20-24 age group are not eligible to participate.			
B	100 – 119 years	D	160 – 199 years
C	120 – 159 years	E	200 – 239 years
		F	240 – 279 years
		G	280 – 319 years
		H	320 years and older

Throughout the entire event, competitors have access to a 25-meter single-seater pool. and an outdoor swimming pool are available.
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Application deadline: Friday, February 6, 2026



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AWARDS AND REWARDS

1. Participation and Remembrance

- Each participant receives a **small souvenir** of the event.
- A **certificate of participation** will be available for **download**.

2. Individual competitions - medal standings

- All competitions are scored according to the **DSV Masters points table**, regardless of age group.
- The **top three finishers in each competition** receive medals.
- The current German Masters record list can be viewed at: <https://www.dsv.de/de/leistungs--und-wettkampfsport/masterssport/schwimmen/rekorde/> (as of 05.09.2025).

3. Best individual performance

- The female and male swimmers with the **best individual performance** according to the DSV Masters points table will each receive a prize.

4. Power Cup

- A "**Power Cup**" is awarded to swimmers who **successfully participate in at least 14 individual competitions**.

5. Team ranking

- The relay races are scored **according to time points across all age groups**.
- The **top three finishers** will receive trophies.
- The scoring is based on the current **German Masters swimming records** (25m pool), available at: <https://www.dsv.de/de/leistungs--und-wettkampfsport/masterssport/schwimmen/rekorde/> (as of September 5, 2025).
Example : A [relay](#) team achieves 1,000 points in competition 7 in the 120 age group with a time of 1:48.77 and in the 320 age group with a time of [3 : 26.84](#).

6. Funding Cup (WK 27 – 4 x 50 m medley mixed)

- The "**Fördepokal**" is awarded to the winning relay team of the **oldest age group** in WK 27 (4 x 50 m Medley Mixed).
- The winning team is responsible for **engraving** the trophy and brings it to the **next event**.
- If the participant does not take part in the following year, the trophy must be sent to the **Flensburg Swimming Club in good time**.

7. Awards ceremony

- The award ceremonies take place **continuously throughout the event** and **finally before the "Plop Relay"**.
- The awards ceremony **is an integral part of the event**. Swimmers who **do not** attend the ceremony **forfeit** their right to their award. Trophies and medals will **not be sent out**.

GENERAL TERMS AND CONDITIONS

1. Legal provisions

competition regulations (WB), the legal code (RO), the competition license regulations (WLO), the competition fee regulations (WGO) and the anti-doping regulations (ADO) of the German Swimming Federation (DSV) apply in their respective valid versions. For people with disabilities With appropriate classification documentation, the rules of the IPC apply in addition to the competition rules of the German Disabled Sports Association (DBS). Official medication documentation in accordance with anti-doping regulations must be available. A valid medical certificate, possibly with a therapeutic use exemption (TUE), must be presented.

All active members of clubs, departments, and joint teams affiliated with the DSV (German Swimming Federation) or WORLD AQUATICS are eligible to participate. The event is sanctioned by the SHSV (Schleswig-Holstein Swimming Association), and displayed to the DSV.

2. Licenses and sports health

By submitting the registration, the clubs and joint teams confirm that the swimmers they have registered:

- have the right to start for the club / starting community,
- the required annual license according to § 19 WB (AT) for German swimmers has been paid,
- their fitness for sport by means of a medical certificate that is not older than one year (§ 11 (2) WB-General Part).

The Flensburg Swimming Club of 1930 eV accepts **no liability** if it turns out that the athlete is not in **good health** or does not have a valid annual license.



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3. Swimwear

WORLD AQUATICS regulations and the corresponding **DSV guidelines** on swimwear apply .
Visual inspections of the swimwear are carried out before the start .

4. Starting rules and timing

The **one-start rule** applies to all competitions. **Electronic timing** is used .

5. Referees

The smooth running of the competition is only possible with the support of all clubs. Please register enough referees so that we can conduct the event as planned. Should the number of registered referees be insufficient, the entries of individual clubs may be cancelled.

Each participating club must provide referees who hold a valid referee license for their respective task . The final number of referees required will be announced in the registration results.

The **names of the referees** must be submitted by email to meldungen@flensburger-schwimmklub.de by **12:00 PM on February 15, 2026**. to transmit.

Referees in training should also register with the organizer by **12:00 PM on February 15, 2026**. The event referee(s) will decide on their acceptance in the order of registration.

6. Reports and data protection

By submitting the entries, the club / joint team acknowledges the announcement and declares that it has received a **data protection declaration** from every person involved in the event (athletes, coaches, referees and helpers) – in the case of **minors**, from their legal guardians .

organizer and promoter is permitted to:

1. To collect, store, process, and publish **competition-relevant personal data** of the aforementioned group of people in **entry lists, competition protocols, and rankings – also within the context of reporting on the event** . This data may be forwarded to the **SHSV (Schleswig-Holstein Swimming Association)** and the **DSV (German Swimming Federation)** . The **entry list, protocol, and rankings** will be published online (e.g., on the **websites of the organizer, the SHSV, and the DSV**).
2. To publish **competition-relevant personal data** as well as **photos, film recordings or photomechanical reproductions of the participants and to forward them to the organizer, SHSV, DSV and to third parties** (media, social networks, sponsors).
3. The entire competition may be broadcast via **live stream** on the internet.

Data collected includes: name, first name, gender, year of birth, performance achieved (placement, time achieved and points score), any disqualifications with justification and, if applicable, ENM, club affiliation and, for referees, the position of assignment.

Entries must be submitted on the **DSV entry form (DSV form 101)** and **DSV entry list (DSV form 102)** with the following information:

- **Active ID number**
- **Year of birth & age group**
- **Club ID & ID of the state swimming association**

When registering for **relay events**, it is essential to specify the **competition classes** and the **names of the relay swimmers** .

- **The names of the relay swimmers can be changed on the day of the competition, but the ranking classes cannot.**

Reports must be submitted **via email** as a file conforming to the **DSV or LENEX standard** . Other file formats or handwritten reports cannot be processed .

SPECIAL CONDITIONS

1. Registration fee

The registration fee is:

- **€8 for one-way trips**
- **€85 for participants in the "Power Cup" (for 14 or more starts, the corrected entry fee will be shown in the registration confirmation)**
- **11 € for tiers**

2. Registration address and registration deadline

Reporting address : meldungen@flensburger-schwimmklub.de

www.flensburger-schwimmklub.de

with the support of

February 21, 2026

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VR Bank
Flensburg-Schleswig eG



FLENSBURGER
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Application deadline : **Friday, February 6, 2026**

The registration fee must be transferred to the following account **no later than Wednesday, February 18, 2026**, stating the name of the **club** :

Purpose: "44Foerde-Masters2026 - Club name"

Bank details:

- **Bank:** VR Bank Nord eG
- **Account holder:** Flensburger Schwimmklub von 1930 e.V.
- **IBAN:** DE74 2176 3542 0004 4333 60
- **BIC:** GENODEF1RSL

Upon receipt of the registration confirmation, please check it . Corrections must be sent to meldungen@flensburger-schwimmklub.de by 12:00 noon on February 15, 2026. Corrections received after this time will not be considered.

3. Reporting result and protocol

The entry list and the protocol are created using the "Easy-WK" program and published on the **Flensburg Swimming Club's homepage**. The schedule is published on www.flensburger-schwimmklub.de and additionally sent to participating clubs via email . Competitions are seeded **according to entry times, regardless of age group** .

4. Disclaimer

The **Flensburg Swimming Club of 1930 eV** accepts no liability for lost items and valuables , damage or accidents of any kind.

5. Catering

In the **reception area** next to the athletes' entrance, a **refreshment stand** with coffee, cake, and other treats is available for referees and participants. The **campus pool's bistro** also offers a selection of **food and meals** .

6. Miscellaneous

Access to the hall:

- **Only for athletes, supervisors , coaches and referees via the athletes' entrance of the campus pool .**
- **Spectators please use the gallery (access through the main entrance) .**
- **Glass bottles are not allowed.**

Park:

available to participants is **the sand parking lot in front of the campus swimming pool** .

By submitting the notification, the notifying club acknowledges the provisions of this tender as legally binding.

We wish all participating clubs a safe journey and a successful competition!

Signature

Danny Nainzadeh
Chairman of the FSK

Charlotte Prum
Masters warden of the FSK