

## Internationales Förde-Masters-Schwimmfest 2023 Altersklassen- Bestleistungen-Damen

Erläuterung der Abkürzungen und Hinweise: DR = Deutscher Rekord / Dän.R. = Dänischer Rekord / EDR = Europa-und Deutscher Rekord / WE DR = Welt-,Europa und Deutscher Rekord / DNR = Dänischer-und Nordischer Rekord  
 BL eing.=Bestleistung eingestell / BL als St. = Bestleistung als Staffeltstartschwimmer aufgestellt

| AK                        | Name                      | Verein                       | Zeit     | Jahr | Rekorde          | AK                         | Name                      | Verein                   | Zeit     | Jahr | Rekorde | AK                         | Name                      | Verein                  | Zeit     | Jahr | Rekorde |
|---------------------------|---------------------------|------------------------------|----------|------|------------------|----------------------------|---------------------------|--------------------------|----------|------|---------|----------------------------|---------------------------|-------------------------|----------|------|---------|
| <b>50 m Freistil</b>      |                           |                              |          |      |                  | <b>100 m Freistil</b>      |                           |                          |          |      |         | <b>200 m Freistil</b>      |                           |                         |          |      |         |
| 20                        | Jana Schellenberg         | Hamburger SC                 | 00:27.05 | 2008 |                  | 20                         | Claudia Fink              | Swim-Team Elmshorn       | 00:58.09 | 2008 |         | 20                         | Claudia Fink              | Swim-Team Elmshorn      | 02:06.01 | 2008 |         |
| 25                        | Jessica Thorpe            | Leyland Barracudas ASC (GB)  | 00:27.07 | 2019 |                  | 25                         | Sina Möller               | Flensburger SK           | 01:00.07 | 2020 |         | 25                         | Saskia Bogs               | SV Neptun Kiel          | 02:11.00 | 2019 |         |
| 30                        | Katja Trosien             | Swim-Team Elmshorn           | 00:26.05 | 2007 | DR               | 30                         | Katja Trosien             | Swim-Team Elmshorn       | 00:58.03 | 2007 | DR      | 30                         | Katja Trosien             | Swim-Team Elmshorn      | 02:08.06 | 2009 |         |
| 35                        | Linda Lund Tietze         | Køge Svømmeklub (DK)         | 00:27.00 | 2019 | Dän.R            | 35                         | Linda Lund Tietze         | Køge Svømmeklub (DK)     | 00:59.06 | 2019 | Dän. R  | 35                         | Maïke Grösch              | Berliner TSC            | 02:11.01 | 2019 |         |
| 40                        | Kirsten Jensen            | STO Odense (DK)              | 00:28.07 | 2013 | BL als St./Dän.R | 40                         | Susanne Metzsch           | O.S.L.F. Sto 95 (DEN)    | 01:03.00 | 2011 | Dän.R   | 40                         | Susanne Metzsch           | STO Odense (DEN)        | 02:17.03 | 2012 |         |
| 45                        | Susanne Skovgaard Metzsch | STO Odense (DK)              | 00:29.04 | 2016 |                  | 45                         | Susanne Skovgaard Metzsch | STO Odense (DEN)         | 01:02.07 | 2016 |         | 45                         | Barbara Kehbein           | VfL Oldesloe            | 02:10.05 | 2014 | EDR     |
| 50                        | Susanne Skovgaard Metzsch | H2 Odense (DK)               | 00:29.02 | 2019 | Dän.R            | 50                         | Barbara Kehbein           | VfL Oldesloe             | 01:00.09 | 2019 | DR      | 50                         | Susanne Skovgaard Metzsch | H2 Odense (DEN)         | 02:18.04 | 2018 | Dän. R  |
| 55                        | Rita Hauge                | Aarhus SSK                   | 00:31.06 | 2020 |                  | 55                         | Aino Sjei                 | Aarhus ASS (DEN)         | 01:10.06 | 2018 |         | 55                         | Margareta Maunsbach       | Aarhus ASS (DEN)        | 02:30.06 | 2018 | Dän. R  |
| 60                        | Sigrid Boeder             | AMTV-FTV-Hamburg             | 00:33.08 | 2011 |                  | 60                         | Brigitte Merten           | SG Neukölln Berlin       | 01:16.02 | 2008 |         | 60                         | Sabine Morche-Bloch       | TSV Achim 1860          | 02:50.07 | 2012 |         |
| 65                        | Anke Klatt                | Hamburger SC                 | 00:35.08 | 2014 |                  | 65                         | Monika Senfleben          | SG Neukölln Berlin       | 01:25.07 | 2008 |         | 65                         | Anke Klatt                | Hamburger SC            | 02:54.03 | 2014 |         |
| 70                        | Christel Schulz           | SG Einheit Rathenow          | 00:34.03 | 2011 |                  | 70                         | Grethe Bendtsen           | VAT 89 (DEN)             | 01:34.01 | 2003 |         | 70                         | Anke Klatt                | Hamburger SC            | 03:07.04 | 2019 |         |
| 75                        | Haide Lorberg             | SV WRV von 1898 Hannover     | 00:38.05 | 2011 | DR               | 75                         | Christel Schulz           | SG Einheit Rathenow      | 01:23.04 | 2015 | DR      | 75                         | Christel Schulz           | SG Einheit Rathenow     | 03:00.03 | 2015 | DR      |
| 80                        | Ursula Oehmke             | VfL Oldesloe                 | 00:49.03 | 1998 | EDR              | 80                         | Ursula Oehmke             | VfL Oldesloe             | 01:55.02 | 1998 | DR      | 80                         | Ursula Oehmke             | VfL Oldesloe            | 04:12.06 | 1998 | DR      |
| 85                        | Ursula Oehmke             | VfL Oldesloe                 | 00:54.08 | 2004 | EDR              | 85                         | Ursula Oehmke             | VfL Oldesloe             | 02:06.09 | 2004 | EDR     | 85                         | Ursula Oehmke             | VfL Oldesloe            | 04:32.07 | 2004 | EDR     |
|                           |                           |                              |          |      |                  |                            |                           |                          |          |      |         | 90                         | Ingeborg Fritze           | Düsseldorfer SC         | 05:23.07 | 2011 | DR      |
| <b>50 m Rücken</b>        |                           |                              |          |      |                  | <b>100 m Rücken</b>        |                           |                          |          |      |         | <b>200 m Rücken</b>        |                           |                         |          |      |         |
| 20                        | Jessica Thorpe            | Leyland Barracudas ASC (ENG) | 00:31.06 | 2018 | BL als St.       | 20                         | Claudia Fink              | Swim-Team Elmshorn       | 01:07.00 | 2008 | DR      | 20                         | Wiebke Hannich            | SSG Braunschweig        | 02:31.01 | 2001 |         |
| 25                        | Katrine Holm Sörensen     | Esbjerg Svømmeklub (DEN)     | 00:31.02 | 2018 | BL als St.       | 25                         | Jessica Thorpe            | Leyland Barracuda (GB)   | 01:06.09 | 2019 |         | 25                         | Katrine Holm Sörensen     | Esbjerg Svømmeklub (DK) | 02:25.07 | 2019 | Dän. R  |
| 30                        | Katja Trosien             | Swim-Team Elmshorn           | 00:32.01 | 2007 |                  | 30                         | Tanja Hachmann-Thießen    | SG Elbe                  | 01:10.08 | 2017 |         | 30                         | Anne Kuhn                 | SC Wiesbaden            | 02:27.00 | 2008 |         |
| 35                        | Doreen Löwe               | Hamburger SC                 | 00:32.08 | 2019 |                  | 35                         | Felicitas Hornschuh       | Flensburger SK           | 01:13.02 | 2014 |         | 35                         | Nina Heese                | SGS Hamburg             | 02:36.04 | 2017 |         |
| 40                        | Felicitas Hornschuh       | Flensburger SC               | 00:32.05 | 2019 |                  | 40                         | Felicitas Hornschuh       | Flensburger SK           | 01:10.03 | 2015 |         | 40                         | Felicitas Hornschuh       | Flensburger SK          | 02:41.09 | 2015 |         |
| 45                        | Felicitas Hornschuh       | Flensburger SC               | 00:33.04 | 2020 |                  | 45                         | Felicitas Hornschuh       | Flensburger SK           | 01:11.01 | 2020 |         | 45                         | Nadège Hippe-Labuche      | SG Elbe                 | 02:38.04 | 2020 |         |
| 50                        | Susanne Skovgaard Metzsch | H2 Odense (DEN)              | 00:34.02 | 2018 | Dän.R            | 50                         | Susanne Skovgaard Metzsch | H2 Odense (DEN)          | 01:15.01 | 2018 | Dän. R  | 50                         | Jannie Aarkrog Steen      | Naestved (DK)           | 02:49.10 | 2019 | Dän. R  |
| 55                        | Sanne Juel                | Naestved (DK)                | 00:37.02 | 2020 |                  | 55                         | Margareta Maunsbach       | Aarhus ASS (DEN)         | 01:27.00 | 2017 |         | 55                         | Sanne Juel                | Naestved (DK)           | 02:55.01 | 2020 |         |
| 60                        | Elisabeth Ketelsen        | Lynby Svømmeklub (DEN)       | 00:41.07 | 2007 |                  | 60                         | Anke Klatt                | Hamburger SC             | 01:26.08 | 2011 |         | 60                         | Anke Klatt                | Hamburger SC            | 03:11.00 | 2011 |         |
| 65                        | Anke Klatt                | Hamburger SC                 | 00:41.00 | 2014 |                  | 65                         | Anke Klatt                | Hamburger SC             | 01:28.05 | 2014 | DR      | 65                         | Anke Klatt                | Hamburger SC            | 03:10.00 | 2015 |         |
| 70                        | Grethe Bendtsen           | TIK Taastrup (DEN)           | 00:43.04 | 2000 | ER               | 70                         | Christel Schulz           | SG Einheit Rathenow      | 01:29.00 | 2011 | WEDR    | 70                         | Christel Schulz           | SG Einheit Rathenow     | 03:17.09 | 2011 | WEDR    |
| 75                        | Christel Schulz           | SG Einheit Rathenow          | 00:43.07 | 2015 | DR               | 75                         | Christel Schulz           | SG Einheit Rathenow      | 01:33.10 | 2015 | WEDR    | 75                         | Christel Schulz           | SG Einheit Rathenow     | 03:22.07 | 2015 | WEDR    |
| 80                        | Grethe Bendtsen           | SK Taastrup (DEN)            | 00:51.03 | 2010 |                  | 80                         | Grethe Bendtsen           | SK Taastrup (DEN)        | 01:55.09 | 2010 |         | 80                         | Annchen Reile             | Ratzeburger SV          | 05:29.00 | 1997 | DR      |
| 85                        | Lilo Hoschke-Lengefeld    | TSV Plön                     | 01:12.00 | 2008 |                  | 85                         | Lilo Hoschke-Lengefeld    | TSV Plön                 | 02:33.09 | 2007 | DR      | 85                         | Ingeborg Fritze           | Düsseldorfer SC         | 05:28.01 | 2006 | DR      |
| <b>50 m Brust</b>         |                           |                              |          |      |                  | <b>100 m Brust</b>         |                           |                          |          |      |         | <b>200 m Brust</b>         |                           |                         |          |      |         |
| 20                        | Nina Höjris Jörgensen     | Lyseng IF (DEN)              | 00:35.06 | 2014 |                  | 20                         | Tone Sparre               | Aarhus ASS (DEN)         | 01:18.01 | 2017 |         | 20                         | Anja Baumgarten           | Swim-Team Elmshorn      | 02:44.01 | 2009 |         |
| 25                        | Ghita Kobbeltgaard        | Aalborg Svømmeklub           | 00:35.01 | 2020 |                  | 25                         | Anne Kuhn                 | SC Wiesbaden             | 01:16.07 | 2007 |         | 25                         | Stephanie Hettich         | Hamburger SC            | 02:44.08 | 2014 |         |
| 30                        | Stephanie Hettich         | Hamburger SC                 | 00:35.01 | 2019 |                  | 30                         | Katja Seeger-Böse         | SG Diepholz              | 01:15.05 | 2004 |         | 30                         | Katja Seeger-Böse         | SG Diepholz             | 02:44.04 | 2004 |         |
| 35                        | Linda Lund Tietze         | Køge Svømmeklub (DEN)        | 00:33.09 | 2019 | Dän.R.           | 35                         | Marit Böhm                | Hamburger SC             | 01:17.06 | 2013 |         | 35                         | Marit Breitfeld           | Hamburger SC            | 02:42.07 | 2011 | DR      |
| 40                        | Marit Böhm                | Hamburger SC                 | 00:35.03 | 2019 |                  | 40                         | Angela Delissen           | Sani 89 Hamburg          | 01:20.07 | 2009 |         | 40                         | Angela Delissen           | Sani 89 Hamburg         | 02:53.03 | 2009 |         |
| 45                        | Marit Böhm                | Hamburger SC                 | 00:36.05 | 2020 |                  | 45                         | Inga, Wagner              | Hamburger SC             | 01:20.05 | 2019 |         | 45                         | Ulrike Wegener            | SSG Bremen/Bremerhaven  | 03:09.02 | 2009 |         |
| 50                        | Sanne Juel                | Naestved SK (DEN)            | 00:38.09 | 2017 |                  | 50                         | Sanne Juel                | Naestved SK (DEN)        | 01:24.01 | 2017 |         | 50                         | Sanne Juel                | Naestved (DK)           | 03:03.09 | 2019 |         |
| 55                        | Lotte Kobbeltgaard        | Aalborg Svømmeklub           | 00:39.03 | 2020 |                  | 55                         | Lotte Kobbeltgaard        | Aalborg Svømmeklub       | 01:25.08 | 2020 |         | 55                         | Aino Sjei                 | Aarhus ASS (DEN)        | 03:17.05 | 2018 |         |
| 60                        | Anita Maria Willemssen    | SV Wilking Kiel              | 00:44.09 | 2020 |                  | 60                         | Ingeborg Seidel           | SSF Bonn                 | 01:37.04 | 2008 |         | 60                         | Ingeborg Seidel           | SSF Bonn                | 03:24.02 | 2008 |         |
| 65                        | Monika Senfleben          | SG Neukölln Berlin           | 00:42.01 | 2007 |                  | 65                         | Monika Senfleben          | SG Neukölln Berlin       | 01:37.00 | 2007 |         | 65                         | Monika Senfleben          | SG Neukölln Berlin      | 03:39.05 | 2007 |         |
| 70                        | Erika Lange               | SG Böhmetal                  | 00:49.01 | 2001 |                  | 70                         | Berit Marx Pedersen       | Swim Team Taastrup       | 01:50.07 | 2020 |         | 70                         | Lis Glasdam               | I.G.F. Odder (DEN)      | 04:05.00 | 2007 | DNR     |
| 75                        | Haide Lorberg             | SV WRV von 1898 Hannover     | 00:52.08 | 2012 |                  | 75                         | Ingeborg Fritze           | Düsseldorfer SC          | 02:08.09 | 1999 |         | 75                         | Erika Lange               | SG Böhmetal             | 04:14.09 | 2003 | WEDR    |
| 80                        | Erika Lange               | SG Böhmetal                  | 00:56.09 | 2008 |                  | 80                         | Erika Lange               | SG Böhmetal              | 02:08.08 | 2008 |         | 80                         | Erika Lange               | SG Böhmetal             | 04:55.01 | 2008 | DR      |
| 85                        | Ingeborg Fritze           | Düsseldorfer SC              | 01:07.01 | 2009 | WEDR             | 85                         | Ingeborg Fritze           | Düsseldorfer SC          | 02:37.00 | 2008 |         | 85                         | Ingeborg Fritze           | Düsseldorfer SC         | 05:55.05 | 2008 | EDR     |
| 90                        | Ingeborg Fritze           | Düsseldorfer SC              | 01:11.00 | 2011 | WEDR             | 90                         |                           |                          |          |      |         | 90                         | Ingeborg Fritze           | Düsseldorfer SC         | 06:31.02 | 2011 | WEDR    |
| <b>50 m Schmetterling</b> |                           |                              |          |      |                  | <b>100 m Schmetterling</b> |                           |                          |          |      |         | <b>200 m Schmetterling</b> |                           |                         |          |      |         |
| 20                        | Thea Lund Petersen        | Esbjerg Svømmeklub (DEN)     | 00:29.07 | 2020 |                  | 20                         | Claudia Fink              | Swim-Team Elmshorn       | 01:03.01 | 2008 | DR      | 20                         | Annika Hoffmann           | Flensburger SK          | 02:35.10 | 2019 |         |
| 25                        | Katrine Holm Sörensen     | Esbjerg Svømmeklub (DK)      | 00:28.04 | 2019 |                  | 25                         | Katrine Holm Sörensen     | Esbjerg Svømmeklub (DEN) | 01:02.03 | 2018 |         | 25                         | Desiree Heintz            | Hamburger SC            | 02:39.01 | 2013 |         |
| 30                        | Linda Lund Tietze         | Køge Svømmeklub (DK)         | 00:29.02 | 2018 |                  | 30                         | Katharina Krause          | Hamburger SC             | 01:07.01 | 2018 |         | 30                         | Katharina Stephan         | Hamburger SC            | 02:28.00 | 2017 |         |
| 35                        | Doreen Löwe               | Hamburger SC                 | 00:29.07 | 2019 |                  | 35                         | Doreen Löwe               | Hamburger SC             | 01:06.01 | 2019 |         | 35                         | Maïke Grösch              | Berliner TSC            | 02:32.05 | 2019 |         |
| 40                        | Inga Wagner               | Hamburger SC                 | 00:32.01 | 2014 |                  | 40                         | Inga, Wagner              | Hamburger SC             | 01:11.03 | 2014 |         | 40                         | Nina Heese                | SGS Hamburg             | 02:56.05 | 2020 |         |
| 45                        | Gabriele Hugo             | SSG Bremen/Bremerhaven       | 00:33.04 | 2009 |                  | 45                         | Barbara Kehbein           | VfL Oldesloe             | 01:06.05 | 2014 | EDR     | 45                         | Barbara Kehbein           | VfL Oldesloe            | 02:26.04 | 2014 | EDR     |
| 50                        | Sanne Juel                | Naestved (DK)                | 00:34.01 | 2015 |                  | 50                         | Barbara Kehbein           | VfL Oldesloe             | 01:07.06 | 2019 | DR      | 50                         | Barbara Kehbein           | VfL Oldesloe            | 02:30.03 | 2019 | DR      |
| 55                        | Sanne Juel                | Naestved (DK)                | 00:34.04 | 2020 |                  | 55                         | Christel Halbach          | SG Essen                 | 01:37.02 | 2006 |         | 55                         |                           |                         |          |      |         |
| 60                        | Sigrid Boeder             | AMTV-FTV-Hamburg             | 00:38.00 | 2011 |                  | 60                         | Sigrid Boeder             | AMTV-FTV-Hamburg         | 01:29.04 | 2011 |         | 60                         |                           |                         |          |      |         |
| 65                        | Sabine Morche-Bloch       | TSV Achim 1860               | 00:44.01 | 2015 |                  | 65                         | Sabine Morche-Bloch       | TSV Achim 1860           | 01:38.08 | 2015 |         | 65                         | Sabine Morche-Bloch       | TSV Achim 1860          | 03:41.04 | 2015 |         |
| 70                        | Christel Schulz           | SG Einheit Rathenow          | 00:39.10 | 2011 |                  | 70                         | Haïke Höler               | SG Frankfurt             | 01:38.04 | 2006 | DR      | 70                         | Berit Marx Pedersen       | Swim Team Taastrup (DK) | 04:28.00 | 2020 |         |
| 75                        | Marie-Luise Stoltz        | AMTV Hamburg                 | 00:56.05 | 2014 |                  | 75                         |                           |                          |          |      |         | 75                         |                           |                         |          |      |         |
| 80                        |                           |                              |          |      |                  | 80                         |                           |                          |          |      |         | 80                         |                           |                         |          |      |         |
| 85                        |                           |                              |          |      |                  | 85                         |                           |                          |          |      |         | 85                         |                           |                         |          |      |         |
| <b>100m Lagen</b>         |                           |                              |          |      |                  | <b>200m Lagen</b>          |                           |                          |          |      |         | <b>400 m Lagen</b>         |                           |                         |          |      |         |
| 20                        | Tone Sparre               | Aarhus Stud. SK (DK)         | 01:09.10 | 2019 |                  | 20                         | Anja Baumgarten           | Swim-Team Elmshorn       | 02:28.07 | 2009 |         | 20                         | Annika Hoffmann           | Flensburger SK          | 05:18.01 | 2019 |         |
| 25                        | Katrine Holm Sörensen     | Esbjerg Svømmeklub (DK)      | 01:05.10 | 2018 |                  | 25                         | Katrine Holm Sörensen     | Esbjerg Svømmeklub (DK)  | 02:20.10 | 2019 | Dän. R  | 25                         | Caroline Pilgrimm         | Flensburger SK          | 05:35.06 | 2015 |         |
| 30                        | Tina Flaskager Adelskov   | Silkeborg SK (DK)            | 01:10.04 | 2017 |                  | 30                         | Anne Kuhn                 | SC Wiesbaden             | 02:28.02 | 2008 |         | 30                         | Linda Lund Tietze         | Køge Svømmeklub (DK)    | 05:25.10 | 2018 | Dän. R  |
| 35                        | Linda Lund Tietze         | Køge Svømmeklub (DK)         | 01:05.09 | 2019 | Dän.R            | 35                         | Marit Breitfeld           | Hamburger SC             | 02:34.06 | 2010 |         | 35                         | Britta Weber              | SV Nevges               | 05:41.03 | 2020 |         |
| 40                        | Susanne Metzsch           | O.S.L.F. Sto 95 (DK)         | 01:13.04 | 2011 |                  | 40                         | Marit Böhm                | Hamburger SC             | 02:37.09 | 2019 |         | 40                         | Grith Sigsgaard           | S-88 Hjorring (DK)      | 05:37.02 | 2014 |         |
| 45                        | Nadège Hippe-Labuche      | SG Elbe                      | 01:15.02 | 2020 |                  | 45                         | Inga, Wagner              | Hamburger SC             | 02:39.07 | 2019 |         | 45                         | Teodora König             | TSV Vorhalle 1879 e.V.  | 06:27.02 | 2014 |         |
| 50                        | Susanne Skovgaard Metzsch | H2 Odense SK (DK)            | 01:14.05 | 2019 | Dän.R            | 50                         | Sanne Juel                | Naestved SK (DEN)        | 02:45.07 | 2015 | Dän. R  | 50                         | Sanne Juel                | Naestved SK (DK)        | 06:06.04 | 2018 |         |
| 55                        | Dagmar Grabowski          | SV Poseidon Hamburg          | 01:28.01 | 2014 |                  | 55                         | Dagmar Grabowski          | SV Poseidon Hamburg      | 03:14.02 | 2014 |         | 55                         | Sanne Juel                | Naestved SK (DK)        | 06:05.08 | 2020 |         |
| 60                        | Brigitte Merten           | SG Neukölln Berlin           | 01:22.04 | 2008 |                  | 60                         | Brigitte Merten           | SG Neukölln Berlin       | 02:58.10 | 2008 |         | 60                         |                           |                         |          |      |         |
| 65                        | Monika Senfleben          | SG Neukölln Berlin           | 01:38.06 | 2007 |                  | 65                         | Brigitte Schulz           | PSV Union Neumünster     | 03:53.01 | 2006 |         | 65                         | Berit Marx Pedersen       | Swim Team Taastrup (DK) | 08:13.06 | 2019 | Dän. R  |
| 70                        | Grethe Bendtsen           | TIK Taastrup (DK)            | 01:43.09 | 2000 |                  | 70                         | Christel Schulz           | SG Einheit Rathenow      | 03:12.02 | 2011 | EDR     | 70                         | Berit Marx Pedersen       | Swim Team Taastrup (DK) | 08:25.00 | 2020 |         |
| 75                        | Grethe Bendtsen           | VAT 89 (DK)                  | 01:58.06 | 2009 |                  | 75                         | Christel Schulz           | SG Einheit Rathenow      | 03:30.03 | 2015 | EDR     | 75                         |                           |                         |          |      |         |
| 80                        | Grethe Bendtsen           | SK Taastrup (DK)             | 02:03.03 | 2010 |                  | 80                         |                           |                          |          |      |         | 80                         |                           |                         |          |      |         |
| 85                        |                           |                              |          |      |                  | 85                         |                           |                          |          |      |         | 85                         |                           |                         |          |      |         |